

MY YOKE IS  
**EASY**

MATTHEW 11:28 - 30

*Invitation to Rest*

# MATT 11:28-30

Mt. 11:28 Come unto me, all ye that labour and are heavy laden, and I will give you rest.

29 Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls.

30 For my yoke is easy, and my burden is light.



Our theme for 2017 is  
“Carry the Light.”

The conduct of a true  
Christian, one who is  
genuinely “born  
again,” is the outcome  
of a doctrinal  
foundation.

**As I believe,  
therefore I live.**



1 Cor. 15:10 But **by the grace of God I am what I am:** and his grace which *was bestowed* upon me was not in vain; but I laboured more abundantly than they all: yet not I, but **the grace of God which was with me.**

The Bible says that every believer will stand before the Judgment Seat of Christ.



2 Cor. 5:10 For we must all appear before the judgment seat of Christ; that every one may receive the things done in his body, according to that he hath done, whether it be good or bad.

What are the criteria for that judgment?

- It is for those who are saved.

Eph. 2:10 For we are his workmanship, created in Christ Jesus unto good works, which God hath before ordained that we should walk in them.



- It is to determine the quality of a believer's works – “...done in his body...”
- How precious are those works in the eyes of God?
- Do the works glorify God or are they “self-centered”?
- What is the key to determining the quality of a believer's work?
- If the Lord issues an invitation for rest, it must be due to the need.
- How does a believer constantly please the Lord without “burning out”?

## Summary

- We are judged for what we “do.”
- What we “do” is a reflection of who we “are.”
- Who we “are” is the result of what we “believe.”
- We are saved to serve the Lord.
- How we serve Him will be revealed at the Judgment Seat of Christ.

What is God’s perspective about our works? How does He see them, and how can we know?

Let's look at the message contained in this passage regarding the *Invitation to Rest*.



## I. THE DIRECTIVE FROM THE SAVIOR

“Come unto me...”

A. The Invitation from the Savior – “Come...”

B. The Initiative for the Servants – “...unto me...”

Jn. 15:5 I am the vine, ye are the branches: **He that abideth in me**, and I in him, the same bringeth forth much fruit: for **without me ye can do nothing**.



1 Cor. 1:9 God is faithful, by whom ye were called unto the fellowship of his Son Jesus Christ our Lord.



Eph. 5:11 And have no fellowship with the unfruitful works of darkness, but rather reprove them.

II. THE DISCOURAGED SOULS “...all ye that labour and are heavy laden...”

A. The Busy Workers – “...all ye that labour...”

Original Word: κοπιᾶω

Transliteration: kopiaó

Definition: (a) I grow weary, (b) I toil, work with effort (of bodily and mental labor alike).



*kopiáō* (from *kópos*, "exhausting labor") – to labor until worn-out, depleted (exhausted).

<http://biblehub.com/greek/2872.htm>

B. The Burdened Workers – “...and are heavy laden...”

Isa. 40:31 But they that wait upon the LORD shall renew their strength; they shall mount up with wings as eagles; **they shall run, and not be weary;** and they shall walk, and not faint.

Jer. 31:25 For I have **satiated the weary soul,** and I have replenished every sorrowful soul.

Heb. 12:1 Wherefore seeing we also are compassed about with so great a cloud of witnesses, **let us lay aside every weight,** and the sin which doth so easily beset us, and let us run with patience the race that is set before us,

### III. THE DISCOVERY FOR THE SAINTS “...and I will give you rest.”

A. Laboring continues as a priority –  
“Take my yoke upon you...”

1. The Imperative – “Take...”

2. The Initiative – “Take...upon you...”

- We must determine to walk by faith, doing God’s work as He directs, and as HE empowers us to do so!

### 3. The Involvement – “...my yoke...”

- We are invited to get better involved in His work.
- As we “yoke” up with Him, we trust the Lord to do the work.
- As He is doing His work, according to His will, we are simply going along for the ride.
- To the outside world, we are doing the work. In reality, the Lord is doing it!

Mark 16:20 And they went forth, and preached every where, **the Lord working with them**, and confirming the word with signs following. Amen.

1 Cor. 3:11 For other foundation can no man lay than that is laid, which is Jesus Christ.

12 Now if any man build upon this foundation gold, silver, precious stones, wood, hay, stubble;

13 **Every man's work shall be made manifest:** for the day shall declare it, because it shall be revealed by fire; and the fire shall try every man's work of what sort it is.

14 **If any man's work abide** which he hath built thereupon, **he shall receive a reward.**

15 **If any man's work shall be burned,** he shall suffer loss: but he himself shall be saved; yet so as by fire.

B. Learning is consequential and powerful –  
“...and learn of me...”

Jn.5:39 Search the scriptures; for in them ye think ye have eternal life: and they are they which testify of me.

Lu. 24:32 And they said one to another, Did not our heart burn within us, while he talked with us by the way, and while he opened to us the scriptures?

1. The Character – “...for I am meek and lowly in heart...”
2. The Consequences – “...and ye shall find rest unto your souls.”

Original Word: ἀναπαύω

Transliteration: anapauó

Definition: I make to rest, give rest to; mid. and pass: I rest, take my ease.

Properly, to give (experience) *rest after the needed task is completed*; to *pause (rest) "after precious toil and care"* (Vine/Unger, White, NT). <http://biblehub.com/greek/373.htm>

C. Living is consistently productive

1. The Method – “For my yoke is easy...”



Original Word: χρηστός

Transliteration: chréstos

Definition: useful, gentle, pleasant, kind.

Properly, *useful* (serviceable, productive); *well-fitted* (*well-resourced*); *useful* (beneficial, benevolent).

On the spiritual plane, *xrēstós* ("suitable, usefully kind") describes what *God* defines is *kind* – and therefore also *eternally* useful! "We have no adjective in English that conveys this blend of being *kind and good* at the same time" (M. Vincent). <http://biblehub.com/greek/5543.htm>

## 2. The Maturity – “and my burden is light.”

Zech. 4:6 Then he answered and spake unto me, saying, This is the word of the LORD unto Zerubbabel, saying, **Not by might, nor by power, but by my spirit, saith the LORD of hosts.**

Phil. 4:13 **I can do all things through Christ which strengtheneth me.**

Eph. 3:20 **Now unto him that is able to do exceeding abundantly above all that we ask or think, according to the power that worketh in us,**

21 **Unto him be glory in the church by Christ Jesus throughout all ages, world without end. Amen.**

## Conclusion

Those that “labour and are heavy laden” are not told to stop working!!! The way they work is what makes the difference!

Believers must learn to work as seen from God’s perspective. As we get close to Him, learning of Him, having personal fellowship with Him, we learn to **let Him do His work, according to His will and His way, THROUGH us!** Such works will glorify Him at the Judgment Seat of Christ!

**Prov. 3:5 Trust in the LORD with all thine heart; and lean not unto thine own understanding.**

**6 In all thy ways acknowledge him, and he shall direct thy paths.**

**Jn. 15:4 Abide in me, and I in you.** As the branch cannot bear fruit of itself, except it abide in the vine; no more can ye, except ye abide in me.

**5 I am the vine, ye *are* the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for **without me ye can do nothing.****

**6 If a man abide not in me, he is cast forth as a branch, and is withered; and men gather them, and cast *them* into the fire, and they are burned.**

**7 If ye abide in me, and my words abide in you, ye shall ask what ye will, and it shall be done unto you.**

**8 Herein is my Father glorified, that ye bear much fruit; so shall ye be my disciples.**