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# DEALING with DISAPPOINTMENT

1. DISAPPOINTED: DEFEATED IN EXPECTATION OR HOPE; TO FAIL TO MEET THE EXPECTATION OR HOPE.
2. WHAT YOU HAVE APPOINTED DIDN'T COME TO PASS. YOUR EXPECTATIONS DID NOT COME TO REALITY.
3. "THE FEELING OF **SADNESS** OR **DISPLEASURE** CAUSED BY THE NONFULFILLMENT OF ONE'S HOPES OR EXPECTATIONS."
4. USUALLY DISAPPOINTMENT IS CAUSED BY:  
A) CIRCUMSTANCES, B) OTHERS, C) YOURSELF.

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# I. DISAPPOINTED BY CIRCUMSTANCES

## A. Examples

**Acts 7:20-30** In which time Moses was born, and was exceeding fair, and nourished up in his father's house three months: <sup>21</sup> And when he was cast out, Pharaoh's daughter took him up, and nourished him for her own son. <sup>22</sup> And Moses was learned in all the wisdom of the Egyptians, and was mighty in words and in deeds. <sup>23</sup> And when he was full forty years old, **it came into his heart** to visit his brethren the children of Israel. <sup>24</sup> And seeing one of them suffer wrong, he defended him, and avenged him that was oppressed, and smote the Egyptian: <sup>25</sup> **For he supposed** his brethren would

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have understood how that God by his hand would deliver them: but they understood not. <sup>26</sup> And the next day he shewed himself unto them as they strove, and would have set them at one again, saying, Sirs, ye are brethren; why do ye wrong one to another? <sup>27</sup> But he that did his neighbour wrong thrust him away, saying, Who made thee a ruler and a judge over us? <sup>28</sup> Wilt thou kill me, as thou diddest the Egyptian yesterday? <sup>29</sup> Then fled Moses at this saying, and was a stranger in the land of Madian, where he begat two sons.

<sup>30</sup> **And when forty years were expired**, there appeared to him in the wilderness of mount Sina an angel of the Lord in a flame of fire in a bush.

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**Luke 24:17-21** And he said unto them, What manner of communications are these that ye have one to another, as ye walk, and **are sad?** <sup>18</sup> And the one of them, whose name was Cleopas, answering said unto him, Art thou only a stranger in Jerusalem, and hast not known the things which are come to pass there in these days? <sup>19</sup> And he said unto them, What things? And they said unto him, Concerning Jesus of Nazareth, which was a prophet mighty in deed and word before God and all the people: <sup>20</sup> And how the chief priests and our rulers delivered him to be condemned to death, and have crucified him. <sup>21</sup> **But we trusted that** it had been he which should have redeemed Israel: and beside all this, to day is the third day since these things were done.

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## **B. Solutions**

I. Accept God's Sovereignty. Be content and patient.

**Philippians 4:11-13** Not that I speak in respect of want: for I have learned, in whatsoever state I am, therewith to be content. <sup>12</sup> I know both how to be abased, and I know how to abound: every where and in all things I am instructed both to be full and to be hungry, both to abound and to suffer need. <sup>13</sup> I can do all things through Christ which strengtheneth me.

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## 2. Accept God's Plan and His Timing.

**Romans 8:28** And we know that **all things** work together for good to them that love God, to them who are the called according to his purpose.

**Job 23:14** For he **performeth** the thing that is appointed for me: and many such things are with him.

**Psalm 31:14-15** But I trusted in thee, O Lord: I said, Thou art my God.<sup>15</sup> **My times are in thy hand:** deliver me from the hand of mine enemies, and from them that persecute me.

**Psalm 37:23** The steps of a good man **are ordered by the Lord:** and he delighteth in his way.

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## II. DISAPPOINTED IN OTHERS

### A. Examples

**Judges 14:1-4** And Samson went down to Timnath, and saw a woman in Timnath of the daughters of the Philistines. <sup>2</sup>And he came up, and told his father and his mother, and said, I have seen a woman in Timnath of the daughters of the Philistines: now therefore get her for me to wife. <sup>3</sup>Then his father and his mother said unto him, Is there never a woman among the daughters of thy brethren, or among all my people, that thou goest to take a wife of the uncircumcised Philistines? And Samson said unto his father, Get her for me; for she pleaseth me well. <sup>4</sup> **But his father and his mother knew not that it was of the Lord**, that he sought an occasion against the Philistines: for at that time the Philistines had dominion over Israel.

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**John 14:8-9** Philip saith unto him, Lord, show us the Father, and it sufficeth us. <sup>9</sup> Jesus saith unto him, **Have I been so long time with you, and yet hast thou not known me, Philip?** he that hath seen me hath seen the Father; and how sayest thou then, Show us the Father?

**Acts 15:36-39** And some days after Paul said unto Barnabas, Let us go again and visit our brethren in every city where we have preached the word of the Lord, and see how they do. <sup>37</sup> And Barnabas determined to take with them John, whose surname was Mark. <sup>38</sup> **But Paul thought not good to take him with them, who departed from them from Pamphylia,** and went not with them to the work. <sup>39</sup> And the contention was so sharp between them, that they departed asunder one from the other: and so Barnabas took Mark, and sailed unto Cyprus;



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**Philemon 15** For perhaps he therefore departed for a season,  
**that thou shouldest receive him for ever;**

## **B. Solutions**

I. Don't live by a double standard, expecting more of others than yourself.

**John 2:24-25** But Jesus did not commit himself unto them, because he knew all men, <sup>25</sup> And needed not that any should testify of man: **for he knew what was in man.**

**Romans 7:17-18** Now then it is no more I that do it, but sin that dwelleth in me. For I know that in me (that is, in my flesh,) **dwelleth no good thing:** for to will is present with me; but how to perform that which is good I find not.

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2. Remember the Lord has a plan for others that might not be agreeable to you.

**2 Timothy 4:11** Only Luke is with me. Take Mark, and bring him with thee: **for he is profitable to me for the ministry.**

### **III. DISAPPOINTED IN YOURSELF**

#### **A. Examples**

**Matthew 26:75** And Peter remembered the word of Jesus, which said unto him, Before the cock crow, thou shalt deny me thrice. **And he went out, and wept bitterly.**

**Romans 7:24** **O wretched man that** I am! who shall deliver me from the body of this death?

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## B. Solutions

I. Return to the Lord in fellowship and love.

**John 21:15-17** So when they had dined, Jesus saith to Simon Peter, Simon, son of Jonas, lovest thou me more than these? He saith unto him, **Yea, Lord; thou knowest that I love thee.** He saith unto him, Feed my lambs. <sup>16</sup> He saith to him again the second time, Simon, son of Jonas, lovest thou me? He saith unto him, **Yea, Lord; thou knowest that I love thee.** He saith unto him, Feed my sheep. <sup>17</sup> He saith unto him the third time, Simon, son of Jonas, lovest thou me? Peter was grieved because he said unto him the third time, Lovest thou me? And he said unto him, **Lord, thou knowest all things; thou knowest that I love thee.** Jesus saith unto him, Feed my sheep.

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## 2. Forget the past failures and move on.

**Philippians 3:13-14** Brethren, I count not myself to have apprehended: but **this one thing I do**, forgetting those things which are behind, and reaching forth unto those things which are before, <sup>14</sup> I press toward the mark for the prize of the high calling of God in Christ Jesus.

- Do you think that the believer has a right to be disappointed?