

# TREASURES FROM THESSALONIANS

## BE HAPPY



1 Thessalonians 5:16 Rejoice evermore.

Philippians 4:4 Rejoice in the Lord alway: and again I say, Rejoice.

## I. EXPLANATION (What is it?)

1. Rejoice: **chaírō**, a primary verb; to be "cheer"ful, i.e. calmly happy or well-off , especially as salutation (on meeting or parting), be well.

Rejoice: “To feel joy or great delight.” **Webster**

John 16:24 Hitherto have ye asked nothing in my name: ask, and ye shall receive, that your joy may be full.



2. Joy: **chara:** *cheerfulness, i.e. calm delight:—gladness,*  
From **chairō**.

Joy: “The emotion evoked by well-being, success, or good fortune or by the prospect of possessing what one desires: DELIGHT b: the expression or exhibition of such emotion: GAIETY.” **Webster**

Rejoice: Verb: the expression.  
Thanksgiving: the expression.

Joy: Noun: the condition.  
Gratitude: the condition.

Romans 4:8 Blessed is the man to whom the Lord will not impute sin.



3. Blessed: *makarios*. Supremely blest; by extension, fortunate, well off:—blessed, happy.

Psalms 1:1-2 Blessed is the man that walketh not in the counsel of the ungodly, nor standeth in the way of sinners, nor sitteth in the seat of the scornful.<sup>2</sup> But his delight is in the law of the LORD; and in his law doth he meditate day and night.



4. Blessed: *esher*. Happiness, blessedness.

Happy: “enjoying or characterized by well-being and contentment.” ***Webster***

**Joy vs. Happiness.** Joy and happiness are wonderful feelings to experience, but are very different. ... It comes when you make peace with who you are, why you are and how you are, whereas **happiness** tends to be externally triggered and is based on other people, things, places, thoughts and events.

***Joy vs. Happiness | Psychologies***



## II. EXAMPLES (Cause and effect.)

### 1. Possessions.

Deuteronomy 16:15 Seven days shalt thou keep a solemn feast unto the LORD thy God in the place which the LORD shall choose: because the LORD thy God shall bless thee in all thine increase, and in all the works of thine hands, **therefore** thou shalt surely **rejoice**.

### 2. Salvation.

1 Samuel 2:1 And Hannah prayed, and said, My heart **rejoiceth** in the Lord, mine horn is exalted in the Lord: my mouth is enlarged over mine enemies; **because** I **rejoice** in thy salvation.

Luke 10:20 Notwithstanding in this **rejoice** not, that the spirits are subject unto you; but rather **rejoice**, **because** your names are written in heaven.



### 3. Good Fortune.

Luke 15:8-9 Either what woman having ten pieces of silver, if she lose one piece, doth not light a candle, and sweep the house, and seek diligently till she find it? <sup>9</sup> And when she hath found it, she calleth her friends and her neighbours together, saying, **Rejoice** with me; **for** I have found the piece which I had lost.

### 4. Our Destiny.

Romans 5:2 By whom also we have access by faith into this grace wherein we stand, and **rejoice** in hope of the glory of God





## 5. Events, Circumstances.

Matthew 2:10 When they saw the star, they **rejoiced** with exceeding great **joy**

Psalms 122:1 I was **glad** when they said unto me, Let us go into the house of the LORD.

**Cheerful: *hilaros*. Joyous. 2Corinthians 9:7 Every man according as he purposeth in his heart, so let him give; not grudgingly, or of necessity: for God loveth a cheerful giver.**

## 6. Unity with Others.

Philippians 2:2 Fulfil ye my **joy**, that ye be likeminded, having the same love, being of one accord, of one mind.





### III. EXCEPTIONS (Hindrances.)

1. Sin and its loss of peace and fear of chastisement.

Hebrews 12:11 Now no chastening for the present seemeth to be **joyous**, but **grievous**: nevertheless afterward it yieldeth the peaceable fruit of righteousness unto them which are exercised thereby.

Grievous is an antonym of joy.

2. Worldliness; the pleasures of this world are only for a season.

Philippians 4:4 Rejoice in the Lord alway: and again I say, Rejoice.



3. Envy: the desire for what others have or that they not have it.

Romans 12:15 **Rejoice** with them that do **rejoice**, and weep with them that weep. (Not to be reversed.)

Proverbs 24:17 Rejoice not when thine enemy falleth, and let not thine heart be glad when he stumbleth:

4. Lack of contentment and satisfaction. (Eyes of man are never satisfied.)

Philippians 4:11 Not that I speak in respect of **want**: for I have learned, in whatsoever state I am, therewith to be content.

Philippians 4:19 But my God shall supply all your **need** according to his riches in glory by Christ Jesus.




5. Ignorance of the Word. (Can't trust in the promises you don't know.)

Romans 15:13 Now the God of hope fill you with all **joy** and peace **in believing**, that ye may abound in hope, through the power of the Holy Ghost.

6. Trials and temptations. (Heaviness is an antonym to rejoicing.)

1Peter 1:3-6 Blessed be the God and Father of our Lord Jesus Christ, which according to his abundant mercy hath begotten us again unto a lively hope by the resurrection of Jesus Christ from the dead, <sup>4</sup> To an inheritance incorruptible, and undefiled, and that fadeth not away, reserved in heaven for you, <sup>5</sup> Who are kept by the power of God through faith unto salvation ready to be revealed in the last time. <sup>6</sup> **Wherein** ye greatly **rejoice**, though now for a season, if need be, ye are in **heaviness** through manifold temptations



## 7. Shortsightedness. (Instant gratification.)

Ecclesiastes 11:9 **Rejoice**, O young man, **in thy youth**; and let thy heart **cheer** thee in the days of thy youth, and walk in the ways of thine heart, and in the sight of thine eyes: but know thou, that for all these things God will bring thee into judgment.

Hebrews 12:2 Looking unto Jesus the author and finisher of our faith; who for the **joy** that was set before him endured the cross, despising the shame, and is set down at the right hand of the throne of God.

## 8. Materialism

Romans 14:17 For the kingdom of God is not meat and drink; but righteousness, and peace, and **joy** in the Holy Ghost.

Luke 12:15 And he said unto them, Take heed, and beware of covetousness: for a man's life consisteth not in the abundance of the things which he possesseth.



## 9. Bitterness. (From the lack of forgiveness.)

Ephesians 4:31 Let all bitterness, and wrath, and anger, and clamour, and evil speaking, be put away from you, with all malice:

Christian's obvious testimony through differences from the world and worldly:

1. Virtue instead of perversion.
2. Love instead of hate.
- 3. Joy instead of sadness.**
4. Knowledge instead of ignorance.
5. Temperance instead of indulgence.

